

There is Something for Everyone!

Each session has: Insightful Biblical Edification, Delightful Individual Interaction, and Meaningful Personal Application

Seasoned Saints — For Retirees and Senior Citizens

“Blessings of Being Chronologically Enhanced” 3:00 – 4:30 p.m.

Families — For Parents, Grandparents, Kids over 4, and Teens

“Practical Ways to UpBuild the Entire Family” 6:00 – 8:30 p.m.
Begins with a pizza party

Singles — For College and Adult Aged Singles

“Relevant Reasons for Celebrating Singleness” 8:30 – 10:00 p.m.

Men — For Teenage, Single, and Married Men

“Becoming a Man After the Heart of God” 7:30 – 11:30 a.m.
Begins with a continental breakfast

Women — For Teenage, Single, and Married Women

“Becoming a ‘Wonder’ Woman of God” 1:30 – 4:00 p.m.
Begins with a tea time

Couples — For Engaged and Married Couples

“Learning How to Lengthen Your Love” 6:00 – 9:00 p.m.
Begins with a candlelight dinner

Church Leaders — For Pastors, All Leaders **and** Spouses

“Being the Best-Ever Church Leader” 75 Minutes Prior to Worship Service

Youth — For Junior and Senior High Youth

“Being a Survivor in a Teen’s World” During Sunday School

Children — For Children Attending the Worship Service

“The World’s and the Word’s View of Children” During Worship Service

Congregation — For Worship Attendees

“Staying Up in Down Times” 2 Corinthians 1:8–11 During Worship Service

UpBuilding Ministries will work with churches to design a format other than a weekend if desired. For example, a Sunday through Tuesday format works equally as well.

The Leader of the UpBuilding Weekend is Dr. Ron Rand



Ron is creative and is a superb storyteller! He has an engaging sense of humor and an amazing ability to simplify profound Biblical truths. Ron loves the Lord and he loves God's people of all ages. His enthusiasm is contagious! Over 30 years of pastoring experience helps fashion his wise insights about life. He is an author, mentor to pastors, and pro sports chapel speaker. In 1989, Ron founded UpBuilding Ministries "to upbuild men, women, and children in practical expressions of their Christian faith."

"Two things I've discovered in my travels," says Dr. Rand, "People love to have fun and they love to apply God's Word with relevance to their own life situations. The UpBuilding Weekend enables both to happen for everyone in the church."

"It is rare that a ministry can be so multigenerational." — Dr. Brian Newman, Baptist — Dallas, TX

"My son and daughter made life changing decisions!" — Dr. Bill Beachy, Methodist — Lansing, MI

"We were spiritually uplifted with laughter." — Rev. Karen Berns, Presbyterian — Pittsburgh, PA

"Even young children participate." — Rev. Rick Shonkwiler, Church of Christ — Burlington, KY

"People had a genuine renewal of faith." — Dr. Steve Lovellette, Evangelical Free — Cincinnati, OH

"Everyone from ages 5 to 82 was blessed." — Rector Carl Buffington, Episcopal — Winter Springs, FL

"Many expressed a healing of past wounds." — Dr. Alan Warinke, Assembly of God — Great Falls, MT

"Ron makes the Bible come alive." — Pastor Keith Knoff, Lutheran — Colorado Springs, CO

"Several came to Christ for the first time." — Pastor Doug Van Nest, Nazarene — Trenton, OH

"Most significant event in our church's 20-year history." — Dr. Bill Moore, Presbyterian — Plymouth, MI



UPBUILDING WEEKEND

(UpBuilding is defined as: to enhance the value of,
inspire with hope, raise to spiritual heights)

A creative, spiritual adventure
that enables men, women, and children
to immediately apply practical Biblical principles.